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# How To Manifest Money Fast And Easy: The 1st Chakra



## Synopsis

This is the first of a 7-part series where the chakras are explored as they relate to wealth manifestation. According to author, Margaret M. Lynch, "The first Chakra also represents the triggering of the nervous system; what we call the fight or flight response or also called the stress response. And that's because the first Chakra is also about safety and survival."

## Book Information

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## Customer Reviews

I've watched Margaret's youtube videos and listened to her webinars for awhile and thought I'd try something a little more solid. This ebook and the 2nd Chakra one guide you through a few rounds of tapping (EFT) and have an attached video which I admit I had seen before on a link from an email I subscribe to from her. I wish the video could have shown some actual tapping instead of being a trailer for her full video program but there is still value in having the tapping script as a reminder of what she teaches in her videos and webinars. Margaret Lynch is a fine EFT coach and she has interesting things to say but this particular book and video were things I'd already heard for free elsewhere.

First let me just say that I really do like Margaret and her ideas but this was just a giant mess. This was clearly a transcription of one of her videos and had zero editing which made it very difficult to read and follow along with. The tapping rounds included were good but the presentation was very poor. It's probably best to just watch the original video instead and save yourself the frustration of deciphering this.

I came across the Author's website first and then ended up getting this book because I wanted to have the techniques on hand. It's simple and easy to do. It is a little short. I wish I could get more of her books at a better price.

Margaret Lynch expands on the ways of tapping into energy; but she is not the original author as Gary Craig is. However, she still adds enlightenment to her writings.

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